

# Lunch Menu

# A Country Kitchen

8TH - 12TH JANUARY

Free Milk, Bread & Fresh Fruit are available daily as accompaniment to all menus

|  | Monday  | Tuesday   | Wednesday   | Thursday  | Friday  |
|--|---|---|---|---|---|
| <b>Option 1</b>  | BEEF BURGER IN A BUN                                    | ROAST PORK DINNER                                       | MEATBALLS & PASTA                                       | FISHCAKES   | BEEF CASSEROLE  |
| <b>Option 2</b>  | VEGGI BURGER  | RATATOUILLE & RICE                                      | VEGETARIAN LASAGNE                                      | VEGETABLE FINGERS                                       | CHEESE & TOMATO PIZZA                                   |
| <b>Option 3</b>  | JACKET POTATO WITH CHEESE OR BEANS & SALAD              | JACKET POTATO WITH CHEESE OR BEANS & SALAD              | JACKET POTATO WITH CHEESE OR BEANS & SALAD              | JACKET POTATO WITH CHEESE OR BEANS & SALAD              | JACKET POTATO WITH CHEESE OR BEANS & SALAD              |
| <b>Option 4</b><br><small>Packed lunch consists of a Sandwich, Yoghurt, Fresh Fruit, Crudites and a Biscuit.</small> | PACKED LUNCH WITH HAM, CHEESE, TUNA MAYO OR TURKEY ROLL | PACKED LUNCH WITH HAM, CHEESE, TUNA MAYO OR TURKEY ROLL | PACKED LUNCH WITH HAM, CHEESE, TUNA MAYO OR TURKEY ROLL | PACKED LUNCH WITH HAM, CHEESE, TUNA MAYO OR TURKEY ROLL | PACKED LUNCH WITH HAM, CHEESE, TUNA MAYO OR TURKEY ROLL |
| <b>Side Dish</b>   | WEDGES & PEAS   | NEW POTATOES & VEGETABLES                               | GARLIC BREAD & PEAS                                     | OVEN CHIPS & BEANS                                      | CRISPY POTATO & SWEETCORN                               |
| <b>Dessert 1</b>   | JAM ROLL  | PANCAKES  | FAIRY CAKE  | STRAWBERRY DELIGHT                                      | ICED BUN  |
| <b>Dessert 2</b>   | YOGHURT & BISCUIT                                       | YOGHURT & BISCUIT                                       | YOGHURT & BISCUIT                                       | YOGHURT & BISCUIT                                       | YOGHURT & BISCUIT                                       |
| <b>Dessert 3</b>   | FRUIT SELECTION   | FRUIT SELECTION   | FRUIT SELECTION   | FRUIT SELECTION   | FRUIT SELECTION   |

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Childs Name & Class: .....

Main Choice (1,2,3 or 4)

|                          |                          |                          |                          |                          |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Monday                   | Tuesday                  | Wednesday                | Thursday                 | Friday                   |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Dessert Choice (1,2 or 3)

|                          |                          |                          |                          |                          |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Monday                   | Tuesday                  | Wednesday                | Thursday                 | Friday                   |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Please Return to School By:

# Lunch Menu

# A Country Kitchen

15TH - 19TH JANUARY

Free Milk, Bread & Fresh Fruit are available daily as accompaniment to all menus

|  | Monday  | Tuesday   | Wednesday   | Thursday  | Friday  |
|--|---|---|---|---|---|
| <b>Option 1</b>  | CREAMY CHICKEN KORMA                                    | ROAST BEEF DINNER                                       | CHICKEN GOUJONS   | TOAD IN THE HOLE  | FISH FINGERS  |
| <b>Option 2</b>  | CHEESE & TOMATO PASTA BAKE WITH GARLIC BREAD            | CHEESE & TOMATO QUICHE WITH SALAD & JACKET              | VEGGIE HOT DOGS   | QUORN CHICKEN HOTPOT                                    | CHEESE & POTATO PIE & BEANS                             |
| <b>Option 3</b>  | JACKET POTATO WITH CHEESE OR BEANS & SALAD              | JACKET POTATO WITH CHEESE OR BEANS & SALAD              | JACKET POTATO WITH CHEESE OR BEANS & SALAD              | JACKET POTATO WITH CHEESE OR BEANS & SALAD              | JACKET POTATO WITH CHEESE OR BEANS & SALAD              |
| <b>Option 4</b><br><small>Packed lunch consists of a Sandwich, Yoghurt, Fresh Fruit, Crudites and a Biscuit.</small> | PACKED LUNCH WITH HAM, CHEESE, TUNA MAYO OR TURKEY ROLL | PACKED LUNCH WITH HAM, CHEESE, TUNA MAYO OR TURKEY ROLL | PACKED LUNCH WITH HAM, CHEESE, TUNA MAYO OR TURKEY ROLL | PACKED LUNCH WITH HAM, CHEESE, TUNA MAYO OR TURKEY ROLL | PACKED LUNCH WITH HAM, CHEESE, TUNA MAYO OR TURKEY ROLL |
| <b>Side Dish</b>   | RICE & PEAS   | POTATOES & VEGETABLES                                   | POTATO WEDGES & PEAS                                    | POTATOES & VEGETABLES                                   | POTATO WAFFLES & PEAS                                   |
| <b>Dessert 1</b>   | CHOCOLATE DESSERT                                       | JAM TART  | RASPBERRY RIPPLE MOUSSE                                 | LEMON LAYER CAKE  | DOUGHNUT  |
| <b>Dessert 2</b>   | YOGHURT & BISCUIT                                       | YOGHURT & BISCUIT                                       | YOGHURT & BISCUIT                                       | YOGHURT & BISCUIT                                       | YOGHURT & BISCUIT                                       |
| <b>Dessert 3</b>   | FRUIT SELECTION   | FRUIT SELECTION   | FRUIT SELECTION   | FRUIT SELECTION   | FRUIT SELECTION   |

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Childs Name & Class: .....

Main Choice (1,2,3 or 4)

|                          |                          |                          |                          |                          |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Monday                   | Tuesday                  | Wednesday                | Thursday                 | Friday                   |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Dessert Choice (1,2 or 3)

|                          |                          |                          |                          |                          |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Monday                   | Tuesday                  | Wednesday                | Thursday                 | Friday                   |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Please Return to School By: