

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	<p>SEAL – New Beginnings</p> <p>To be able understand the importance of rules. To talk about why we have rules. To understand what would happen if there were no rules. To know about respect for self and others and the importance of responsible behaviours and actions.</p> <p>DEMOCRACY THE RULE OF LAW</p> <p>Health and wellbeing - Healthy Eating</p> <p>To begin to make informed choices and to begin to understand the concept of a ‘balanced lifestyle’. To recognise opportunities to make own choices about food, what might influence our choices and the benefits of eating a balanced diet.</p>	<p>SEAL – Getting On and Falling Out</p> <p>Children to be able to explain why it is important to work as a team and to understand why people might fall out as well as beginning to suggest ways to stop people falling out.. Children to be able to recognise signs of anger and suggest methods for calming down.</p> <p>TOLERANCE MUTUAL RESPECT</p> <p>Living in the wider world -- ECO Schools</p> <p>To research, and discuss the issue of litter including discussing the problems concerning health and wellbeing associated with litter and offering their recommendations. To recognise the effect that littering can have upon the environment and to recognise that there are ways to dispose of different types of rubbish correctly.</p>	<p>SEAL – Going for Goals</p> <p>Children to understand why we need to set goals and begin to understand how to achieve a goal. Children to begin to set their own success criteria so that they will know when they have reached their goal.</p> <p>MUTUAL RESPECT</p> <p>Relationships - SRE</p> <p>To deepen our understanding of good and not so good feelings, to extend vocabulary enabling them to explain both the range and intensity of feelings to others.</p> <p>To begin to judge what kind of physical contact is acceptable or unacceptable and how to respond.</p> <p>TOLERANCE MUTUAL RESPECT THE RULE OF LAW</p>	<p>SEAL–Good To Be Me</p> <p>To know about themselves and how they learn.</p> <p>To be able to explain what feeling surprised is like and say whether they like surprises or if they like things to stay the same.</p> <p>To think about worries and concerns and decide what they might do about them as well as knowing when they should share a worry.</p> <p>To understand that most people have worries.</p> <p>MUTUAL RESPECT</p> <p>Living in the wider world -- Economic Education</p> <p>To understand that individuals may need or choose to spend their money in different ways.</p> <p>To understand that there are different ways to gain money as well as knowing how money can make things different for other people here and in other countries.</p> <p>INDIVIDUAL LIBERTY</p>	<p>SEAL – Relationships</p> <p>To take responsibility for own behaviour and know when something is their fault and when something is not their fault.</p> <p>To be able to explain why something has hurt their feelings as well as thinking of ways to make amends if they have done or said something unkind.</p> <p>TOLERANCE MUTUAL RESPECT</p> <p>Health and wellbeing – Drugs, Medicines and Smoking</p> <p>To be able to recognise the long and short term effects of smoking as well as being able to discuss the reasons why people smoke.</p> <p>To express an opinion about smoking and to be understand that risky situations involve making choices.</p> <p>THE RULE OF LAW TOLERANCE MUTUAL RESPECT</p>	<p>SEAL – Changes</p> <p>To know about change, including transitions between Key Stages and schools. To discuss and record changes that they have experienced and understand it is a normal process as well as understanding that change make you feel lots of different emotions.</p> <p>TOLERANCE MUTUAL RESPECT</p> <p>Health and wellbeing - Heart Start</p> <p>The Unconscious Casualty</p> <p>To develop the skills to recognise when a patient is unconscious and to practise placing a casualty in the recovery position using the correct sequence of actions when a casualty is unconscious.</p> <p>(St John’s First Aid Training File)</p>

